



PLANNING 2026-2027

	SALA ÂME		SALA ESPRIT		SALA CORPS		SALA SHAKTI	
LUNEDÌ	16:30/17:15	DANZA GIOCO	16:30/17:30	CLASSICO BABY				
			17:30/18:30	CLASSICO TEEN MONO	17:15/18:15	MODERN KIDS		
	19:00/20:00	PILATES OPEN	18:30/19:30	CLASSICO JUNIOR MONO	18:15/19:45	HIP HOP JUNIOR	18:45/19:45	CERCHIO AEREO
			19:30/20:30	CLASSICO SENIOR	19:45/20:45	POLE DANCE INTERMEDIO	20:00/21:00	BE FIT DANCING OPEN
			20:30/21:30	CLASSICO ADULTI	20:45/21:45	POLE DANCE BASE OPEN LEVEL		
MARTEDÌ								
					16:30/17:30	HIP HOP KIDS		
					17:30/18:30	HIP HOP TEEN		
	18:30/19:30	YOGA OPEN	18:30/19:30	MODERN TEEN				
	19:30/21:00	BJJ OPEN			19:30/21:00	HIP HOP SENIOR		
MERCOLEDÌ			21:00/22:00	MODERN FUSION OPEN				
	16:30/17:15	DANZA GIOCO	16:30/17:30	CLASSICO KIDS				
			17:30/18:30	CLASSICO TEEN BIS	17:15/18:15	HIP HOP BABY	18:00/19:00	HEELS BASE
			18:30/19:30	CLASSICO JUNIOR BIS	18:45/19:45	MODERN ADULTI	19:00/20:30	HEELS INTERMEDIO/AVANZATO
GIOVEDÌ			19:30/20:30	CLASSICO TECNICO/REPERTORIO	19:45/20:45	POLE DANCE INTERMEDIO	20:30/21:30	LATINO AMERICANO BASE
			20:30/21:30	CLASSICO ADULTI	20:45/21:45	POLE DANCE BASE OPEN LEVEL	21:30/23:00	LATINO AMERICANO INTERMEDIO
			16:00/17:30	MODERN JUNIOR				
			17:30/18:30	MODERN BABY	17:30/18:30	REGGAETON OPEN OVER TEEN		
VENERDÌ	18:30/19:30	YOGA OPEN			18:30/19:30	REGGAETON FITNESS OPEN		
	19:30/21:00	BJJ OPEN			19:30/20:30	HIP HOP ADULTI		
			20:30/22:00	MODERN SENIOR				
	16:30/17:30	POTENZIAMENTO E STRETCHING OPEN			16:30/17:30	HIP HOP KIDS		
SABATO			17:30/18:30	CONTEMPORANEO BABY	17:30/18:30	HIP HOP TEEN BIS		
	18:30/19:30	PILATES OPEN	18:30/19:30	CONTEMPORANEO KIDS/TEEN	18:30/20:00	HH JUNIOR-SENIOR COREOGRAFICO	19:00/20:00	HEELS BASE
			19:45/21:15	CONTEMPORANEO OPEN			20:00/21:00	HEELS INTERMEDIO
							21:00/22:30	HEELS AVANZATO
			10:00/12:00	WORKSHOP CONTEMPORANEO				